



Born Unique:

A Human Design Activity Book

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Synopsis:

Wish your life came with an owner's manual? Human Design is a complex and nuanced system and understanding your specific Human Design is like having an owner's manual for your life. Human Design- a synthesis of Eastern and Western Astrology, the Chinese I'Ching, the Hindu Charka System, Judaic Kabbalah and quantum physics-gives you deep insights into your life purpose, best way to work, decision making, strengthening relationships, and increasing well-being. Born Unique is an easy-to-follow workbook which provides a simple, step-by-step process to help you truly understand your Human Design chart. You will learn how to use your chart as a tool to help you make good, informed choices that bring you closer to living an authentically aligned life. This powerful tool for both newcomers to Human Design and professional students, gives you a synthesis of Human Design teachings from the world's top teachers and helps you explore specific elements in the chart with great depth and ease. Each page gives you exercises and visual images that help you deepen your understanding and practical insights to help you master all the details in your Human Design chart. This workbook takes the confusion and overwhelm out of understanding you through the lens of your Human Design.



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