



## Adaptable:

*How to Lead with Curiosity, Pivot with Purpose, and Thrive through Change*

**ISBN:** 978-1951694395

**Price:** \$7.99

**Other:** Available ebook

**Publisher:** WEX Press

**Release Date:** September 14, 2021

**Trim Size:** 6 x 0.64 x 9 inches

**Available from:** iPage, Ingram and major wholesalers at discounted rates

**Keywords:** Leadership, Self help

### Synopsis:

Life's obstacles offer two distinct directions: They can push you backward or fuel you forward. The choice is up to you.

At 17, Alexa Carlin became CEO of her first company, designing jewelry that made a difference, one bracelet at a time. But at 21, she was induced into a medical coma and given a one-percent chance to live. In *Adaptable*, she shares the stories of her journey, offering powerful insights into hope, courage, and life's challenges.

Written in a heartfelt and authentic tone, *Adaptable* invites readers to develop a new perspective on their past and current obstacles. The stories, lessons, and action steps that fill each chapter gently guide readers back to their true selves, allowing them to connect deeply to their inner light and shine brightly with their true purpose.

Alexa encourages and inspires readers to use their own challenges not as a reason to abandon dreams, but as a springboard from which to thrive.



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