



# Seeds of Devotion: Weekly Contemplations on Faith

**ISBN:** 978-1951694364

**Price:** \$12.95

**Other:** Available ebook

**Publisher:** GraceLight Press

**Release Date:** February 1, 2021

**Trim Size:** 6 x 0.65 x 9 inches

**Available from:** iPage, Ingram and major wholesalers at discounted rates

**Keywords:** Self help, Faith, Affirmations

## Synopsis:

Begin your day with a meaningful, meditative spiritual practice. In *Seeds of Devotion*, Roger Butts delivers evocative and lyrical prose while sharing wisdom from some of the most powerful figures in spirituality today. Tidbits from Buddha, Jesus, Muhammad, and contemporaries like Dorothy Day and Thomas Merton are sprinkled in this devotional as he reflects on life's deepest mysteries.

Written with an open heart and years of purposeful practice as a chaplain, Roger Butts offers immersive passages with Reflection questions allowing for further spiritual exploration at the end of each devotion.

This book invites you to ask bigger questions of yourself and your life while immersed in meditative silence. These prayers and reflections are meant to guide you to a place of peace and spirituality but also challenge you to delve further into your grace.

But most importantly, they are all designed to help you listen and connect with the deep wisdom of your heart.



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